

## Asthma Symptom Relief in Children with Chiropractic Care



*Asthma*  
Symptom Relief  
with Chiropractic Care

### **What triggers asthma?**

Although it can't be accurately predicted who will develop asthma, there are some children who may be at higher risk. Triggering mechanisms can include pollen, house dust and animals. Other factors include exposure to cold and psychological stress factors. Physical exertion has also been recognized as a cause of asthma or may aggravate an asthmatic condition. Some experts believe that asthma may be associated with the increased level of pollution in our environment.

*Childhood asthma causes more school absence than any other single pediatric disorder. And the problem seems to be growing. The past 10 to 15 years have seen a dramatic increase in newly diagnosed asthma cases in the U.S.*

### **How is asthma treated?**

There is no cure for asthma. The only treatment is to control the symptoms and the primary medical approach is drug therapy. For you parents, that don't want to pump your beloved children with chemical drugs, we have a solution for you - chiropractic care!

Several clinic studies and trials have noted a positive correlation between chiropractic care and the patients' perception of relief from their asthma symptoms. More important are the reviews from parents and children that have observed a decrease in the severity of asthma symptoms after going on regular chiropractic adjustments.

*Chiropractic care represents a safe, drug free approach that can reduce or eliminate the need for medication. Book your first visit with Dr. Adam Nachmias at Nachmias Chiropractic and experience better health for your children.*

Book your appointment online or call any of our offices:

<http://calldradam.com/contact/book-online/>

Brooklyn: 718-832-7300

Manhattan: 212-924-1700

**Nachmias Chiropractic is happy to help your children to feel relief and to start breathing a lot easier!**