

Breaking False Myths about Chiropractic



"Chiropractors are Quacks", "They're not real doctors", "It's dangerous for your body to be cracked like that" "They can fracture your neck" and it goes on and on....

Chiropractors hear this at least a few times during their practice. Whether it's via traditional medical doctors, friends or on TV, there are plenty of myths that surround the Chiropractic profession. We all know, that none of this is true! However, changing public opinion can be an uphill battle, especially when there's so much erroneous information out there. The fact is that Chiropractic has been a proven, natural way of improving health, and healing the body for over 100 years. In many cases, it's more effective than traditional medicine, and has far less negative health consequences.

The easiest way to convince people that chiropractic care is safe and effective is to treat them, and show them the direct results. Although, it can be tough to convince them to try a treatment as their fears and prejudices may keep them from even stepping foot into a chiropractor office.

Manipulating the human body with your hands is something not everyone can do, and requires a lot of practice and study. Dr. Adam at Nachmias Chiropractic has extensive years of training and more than 25 years of experience, and knows exactly what he's doing.

Working with the body's natural shape and energy poses very little threat to a person's health or well-being. Conventional medicine, on the other hand, almost always has proven side effects that can be dangerous, or even deadly. Unlike conventional medicine, Chiropractic care doesn't offer a quick fix heal, but rather offers a way for your body to

heal itself. *You'd trust your body over chemicals, wouldn't you?*
(Source: oscachiro.org)

Don't believe in old rusty myths. Get educated with the real facts!

Book your appointment by calling any of our offices:
Brooklyn: 718-832-7300
Manhattan: 212-924-1700

Or book online: <http://calldradam.com/contact/book-online/>

We warmly welcome you to find relief at Nachmias Chiropractic!