

## Don't Miss a Chiropractic Treatment If You're Sick



If you ever thought about cancelling your appointment because you were sick and didn't want to spread your germs to everyone in the office, think again!

It's actually the BEST time to come in. The field of neuro-immunology has well established the connection between a healthy nerve system and normal immune function. Chiropractic adjustments boost your ability to fight off colds and flu's by unlocking your spine, clearing nerve tension and unleashing your immune potential.

Doesn't it make sense to keep your immune system working its best so you can get better faster? You wouldn't cancel a dental appointment because your tooth hurt.

Likewise, don't cancel your chiropractic appointment when your nerve system is fighting to get you well. Even if you're under the weather, try not to miss adjustments.... and don't worry about the other folks in the office getting sick – if so Dr. Adam will adjust them and we are all good to go again.

***Boost your immune system and book your next appointment with the best chiropractor in NYC and Brooklyn! Book your appointment online here:***

***<http://calldradam.com/contact/book-online/>***

**Welcome to start feeling better and better each day with Nachmias Chiropractic!**