

“Crack Doctors”



Chiropractors are often thought of as charlatans, pressing and twisting your body for an hour, creating some satisfying cracks and snaps – and then telling you you’ll need at least 12 more months of adjustments. However this has been proven to be false statements. A study from the U. of Alberta found that spinal manipulation therapy actually release stiffness and improve disk health.

Scientific evidence demonstrates that chiropractic care and the chiropractic adjustment in particular are gaining widespread recognition from the medical profession as an appropriate and effective treatment for neck and back pain.

The 2009 Consumer Reports Rating Centre survey identified chiropractic treatment as the most satisfying treatment for back pain.

(Source: Alberta College and Association of Chiropractors)

Nachmias Chiropractic just celebrated their 25th Anniversary - rest assured that you are choosing a highly experienced chiropractor when seeing Dr. Adam Nachmias for a spinal adjustment. Nachmias Chiropractic also got voted 2015’ Best Chiropractor in New York and Brooklyn by opencare.com.

Start feeling better and pain free today!

Call any of our offices to book an appointment with Dr. Adam:

Brooklyn: 718-832-7300

Manhattan: 212-924-1700

Or book your appointment online here:

<http://calldradam.com/contact/book-online/>

Welcome to find relief at Nachmias Chiropractic!