

Drug-Free Pain Relief after a Car Accident is Possible



If you are suffering from back pain or neck pain after a car collision, you may have sustained a spinal injury or possibly a whiplash injury. Without proper urgent care, these injuries can have serious impact on your health, leading to months or even years of chronic pain. Dr. Adam Nachmias at Nachmias Chiropractic, has over 25 years experience treating patients with injuries from car accidents. *With Dr. Adam's help you can avoid back and whiplash pain without the need for chemical drugs or surgery.*

Like mentioned in our last article, neck and back pain occurs when the force of a car accident knocks or whips the musculoskeletal system out of proper alignment. For example; a whiplash injury may occur when the force of a rear-impact accident abruptly "whips" the neck backwards and forwards.

This unexpected movement will most probably knock the spine out of alignment, and also strain the muscles in the neck, causing further stiffness, soreness and pain.

Traditional medical care after a car accident injury relies on medications to "cover up" a patient's pain symptoms. Prescription painkillers can be effective in providing immediate pain relief, but they are not a long-term pain management solution. They also have a lot of dangerous side effects. Furthermore, medication alone cannot help patients to get back the mobility after a spine injury, but chiropractic care sure can!

(Source: lindenhurstchiropractic.com).

If you or any of your loved ones recently experienced a car accident, contact Dr. Adam Nachmias as soon as possible. Acute and chronic pain both benefit from prompt treatment. Every day your injuries go untreated, you will prolong the ratio of the pain and also worsen it. With proper diagnostic care, Dr. Adam will be able to identify your

underlying injuries and create a custom treatment program to support your body's natural healing process.

Book your appointment with Dr. Adam Nachmias at Nachmias Chiropractic by calling any of our offices:

Brooklyn: 718-832-7300

Manhattan: 212-924-1700

Or book online: <http://calldradam.com/contact/book-online/>

We warmly welcome you to find pain relief at Nachmias Chiropractic!