

Healing the Body Naturally with Chiropractic Care



"The premise was and still is that the spine and the nervous system are the master systems, which control and coordinate all function in the body," said Chiro One Chief Executive, Stuart Bernsen. "If there is interference in the communication between the brain and the spinal cord to their end organs or tissues, then those end organs or tissues cannot function properly."

Chiropractic is a branch of the healing arts based on the proven principles that our nervous system influences the function of all the trillions of interconnected cells in the body. The doctors that practice chiropractic are called chiropractors.

The origin of the word "Chiropractic" comes from the Greek words "cheiro and praktikos", which means; "done by hand."

Chiropractors, use their hands to manipulate the subluxations that occur in our body's spinal joints. Once the subluxation is corrected, the nerves in the spine are no longer impinged, thus allowing the nerve to relate better to the cells it has influence over, which in turn increase our natural healing ability. Most patients report they feel better in as little as one treatment.

A non-drug, non-surgical approach, the manual treatments can be "a good adjunct to musculoskeletal care," said Dr. Joel Press, medical director of the Spine and Sports Rehabilitation Center at the Rehabilitation Institute of Chicago, which has employed two chiropractors.

Nowadays, chiropractors are established as mainstream health-care providers. Many health plans cover their services (Sources: chicagotribune.com & malohealthandwellness.com).

At Nachmias Chiropractic we accept all insurances. Dr. Adam Nachmias care for clients ranging from the chronically ill to professional athletes. Book a chiropractic exam and consult with the best chiropractor in NYC, and start healing your body naturally!

Until July 2nd, 2016, you can take use of our "Spring Into Health Campaign" and get 3 chiropractic adjustments/therapies for \$75 only. Follow the link and print the ad. Present it to the office upon arrival, or show it online, to receive the discount:

<http://calldradam.com/offers/>

To book your appointment call any of our offices:

Brooklyn: 718-832-7300

Manhattan: 212-924-1700

Or book online: <http://calldradam.com/contact/book-online/>

We warmly welcome you to start healing your body naturally with the help of Nachmias Chiropractic!