

Healing the Body Naturally with Chiropractic Care



Chiropractic, from two Greek words meaning done by hand, (i.e. naturally, without drugs) is the only healing science, which has as its basis the prevention of pain and disease. The other healing sciences attempt to treat pain and disease after you already have begun to suffer.

Doctors of Chiropractic (D.C.) maintain the health of their patients naturally. Gently and without drugs, they move back into place vertebrae that are no longer in their proper position. A vertebrae that is out of place is called a subluxation. Moving it back into place is called an adjustment.

Why Is This So Important?

95% of all the body's nerves travel from the brain through the spine, exiting from between the vertebrae (intervertebral foramin), to communicate with all the organs, glands, and tissues of the body. This is how the brain (the body's main computer) can tell if any part of the body is not working up to 100% capability, and make any necessary corrections, naturally and without drugs. This means that 95% of the body's function can be directly affected by what is going on in your back.

If one or more of the vertebrae is misaligned (subluxated), nerve root irritation, pinching, or even blocking of the messages that the brain sends to different parts of the body can occur. Some of the ways in which misalignments of the vertebrae could manifest

themselves are not only as head, neck, and back pains, but also as joint pains, allergies, asthma, bronchitis, colitis, dizziness, chronic fatigue, glandular problems, impotence, stomach and intestinal problems, nervousness, and stress.

Nachmias Chiropractic encourages you to find relief with chiropractic and massage therapy. Why not book your first appointment today? Get your first chiropractic exam and consult FOR FREE, find the gift certificate here:

<http://calldradam.com/contact/spring-into-health/>

Book your appointment online or call any of our offices:

<http://calldradam.com/contact/book-online/>

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**Welcome to start a pain free life with the help of Dr. Adam Nachmias
at Nachmias Chiropractic!**