

Hip, Sacroiliac and Leg Problems

Hip, Sacroiliac
& Leg Problems

Chiropractic is your savior!



**Nachmias
Chiropractic**

Do your joints “click” when you walk? Do your feet flare-out or in? Does one leg appear shorter than the other? Do you have leg, knee, buttock, or lower back weakness and pain? If you answered yes to any of these, it probably it’s time to go and see Dr. Adam Nachmias at Nachmias Chiropractic.

Attaching dozens of muscles and ligaments, our hips are a masterpiece of engineering that should be kept properly maintained with regular chiropractic visits.

It’s an intimate relationship between spinal, hip, sacroiliac and leg problems. Chiropractic checkups should be a part of your family’s healthcare regimen. It’s especially important for children, since sacroiliac and lower back problems may have their origins in childhood.

As we made you aware of in the last article, “*Chiropractic During and After Pregnancy*”, pregnant women should definitely have a spinal exam, since the stress of pregnancy and trauma of childbirth affect the hips and the entire spinal column.

Why wait for a problem to arise? Book your chiropractic exam with Dr. Adam Nachmias today!

Call any of our offices:
Manhattan: 212-924-1700
Brooklyn: 718-832-7300

Or book online: <http://calldradam.com/contact/book-online/>

Welcome to visit Nachmias Chiropractic to ensure optimal health for you and your family!