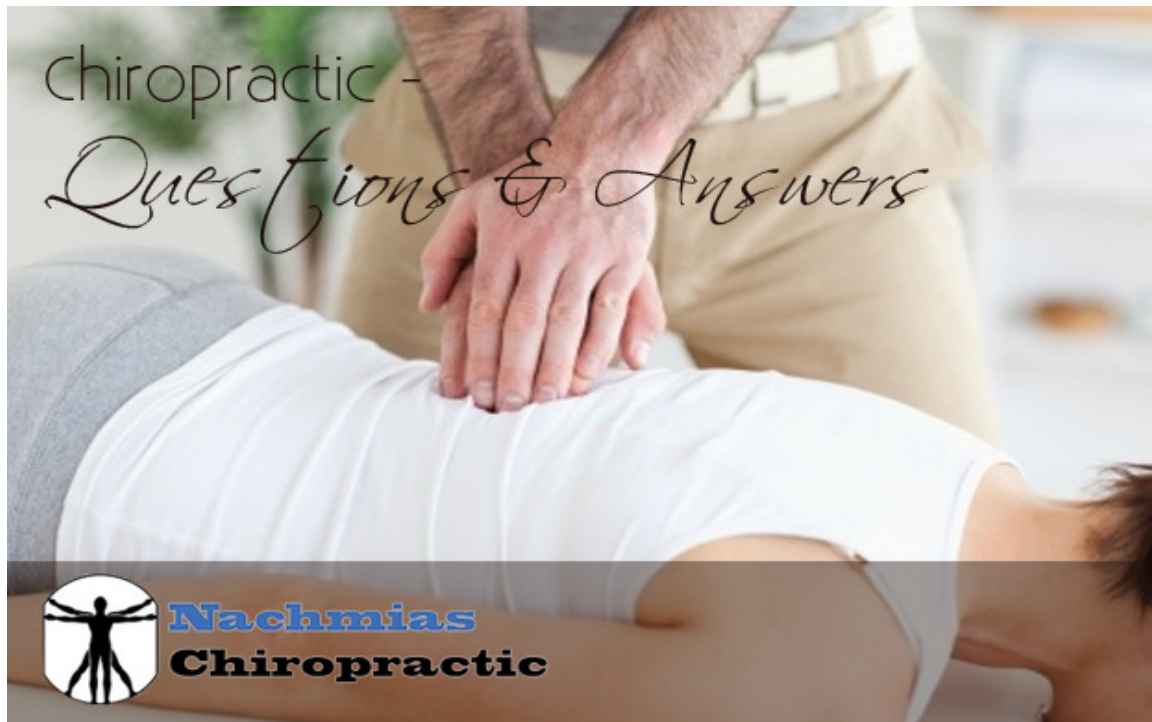


Questions And Answers



What Is The Youngest Age for Chiropractic Care?

There is no age limit. Newborns may need to be adjusted, especially if they had a difficult traumatic birth. There are many stories of chiropractors adjusting dying infants in hospitals with miraculous recoveries reported.

On the upper end, people can be adjusted well into their advanced years with no ill effects. People suffering from bone disease or osteoporosis may need special spinal if they are exceedingly “brittle”.

Is Chiropractic Care Addicting?

If only it were (just a little)! There'd be a lot of less people running or lying around and we chiropractors wouldn't get patients who last saw a chiropractor “a few years ago when my spine went out”.

It's possible to get used to feeling “more balanced”, less stressed, and more energetic as a result of periodic chiropractic care. And you may become more sensitive to your body and know when you've “lost” your adjustment. But if that bothers you, no need to worry: stop getting your spine checked, and in time those feelings will fade away.

Can I Go Only Once?

Of course. Once is better than never. And sometimes a spinal problem may be due to nothing more than a slight spinal misalignment rather than long standing spinal nerve stress (vertebral subluxations). In that case one visit may be all that's needed. But chiropractic is really more than a glorified aspirin. It's best to ask your chiropractor what your spinal care needs are.

What Will Happen If I Stop Going?

Spinal stress will continue to build up as before. The only difference is that it won't be reduced through chiropractic care. In a way chiropractic is like a safety valve, releasing pressure from your system. If the pressure stays high, if the stress is un-relieved then the body and overall health will suffer.

Can Pets Get Adjusted?

Any living creature with a vertebral column can receive chiropractic care. Spinal columns have the potential to become misalignment and cause nerve damage no matter where they're located. Technically we can say that all vertebrates can be chiropractic patients. Occasionally chiropractors get to work on exotic creatures like llamas or parrots but most chiropractic "veterinarians" that do work on animals tend to work on the common dogs and cats, although in rural areas chiropractors see more farm animals like horses and cows.

More questions and answers in the next news post. To get spinal adjustments by the best chiropractor in NYC or Brooklyn, call any of our offices to book your appointment:

Brooklyn: 718-832-7300

Manhattan: 212-924-1700

Welcome!