

## Chiropractic Health Month

### Help Strengthen Your Inner “Pac Man”!



The chiropractic immunology connection was strengthened in 1991 when Patricia Brennan, Ph.D. and other researchers conducted a study that found improved immune response following chiropractic treatment. Specifically, the study demonstrated the “phagocytic respiratory burst of polymorphnuclear neutrophils (PMN) and monocytes were enhanced in adults that had been adjusted by chiropractors.”

**In other words, the cells that act like "Pac-Man" eating and destroying bad cells are enhanced through chiropractic care.**

*Brennan P, Graham M, Triano J, Hondras M. "Enhanced phagocytic cell respiratory bursts induced by spinal manipulation: Potential Role of Substance P." J Manip Physiol Ther 1991; (14)7:399-400.*

***Help strengthen your inner “Pac Man” by booking a chiropractic exam and consult at Nachmias Chiropractic today! There is no time to lose, but a healthy and pain free body to win!***

Book your appointment online:

<http://calldradam.com/contact/book-online/>

Or call any of our offices:

Brooklyn: 718-832-7300

Manhattan: 212-924-1700

**We warmly welcome you to Nachmias Chiropractic –  
Your Family Wellness Chiropractor!**