

The Standard Medical Approach To Pain



The Medical Approach VS.
The Chiropractic Healing



The standard medical approach has a necessary place in our armamentarium against pain because pain may warn of a fracture or a life threatening condition like a brain tumor, internal bleeding, or something else that might need emergency medical care.

However, M.D's have been criticized for relying on limited techniques to deal with pain. According to pain authority John Liebeskind, Ph.D: "I don't think there is a medical school in the world that more than four hours out of four years are spent teaching students to diagnose and treat pain problems. That's a primary reason why most pain problems are mismanaged or ignored, with tragic, unnecessary consequences."

Too often, the usual medical approach merely lessens the pain felt by the patient and helps the patient to live with that pain. Thus the role of the M.D. changes from one that of one who heals disease to that of one who manages conditions. The overuse of painkillers has been severely criticised by many according to Blaine Nashold, M.D. co-director of the Duke University Pain Clinic in Durham, North Carolina. "We've had patients walk in with shopping bags full of 20 of 30 kinds of drugs – and taking them all."

"You'll Have To Learn To Live With It"

Telling a patient that since medical procedures haven't worked he/she has to "learn to live with it" is the height of arrogance. This approach assumes that if the problem cannot be cured by a medical doctor, it cannot be cured by anyone. In fact, millions of people have been helped by healers of all kinds – chiropractors, herbalists, homeopaths, therapists, psychologists – after having been told by an M.D. that the pain was incurable. The compassionate M.D. should encourage patients to investigate alternative health care if standard medical care is unable to help.

That's not to say, however, that all suffering people can be cured if only they change healers. Not all people heal. Some people are beyond help and some don't really want to get better. But before we rush to blame the patient for wanting to remain sick, although that is sometimes the case, we must first exhaust as many avenues for healing as we possibly can.

Let the most caring and professional chiropractor in NYC and Brooklyn help you heal from pain! Book your first appointment with Dr. Adam Nachmias – Nachmias Chiropractic today and be amazed on how much better you feel after one treatment only.

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