

Why Chiropractic for Children?



Nachmias
Chiropractic

Chiropractic care for children offers your family a solid foundation for wellness. Throughout pregnancy, birth, and childhood, the chiropractic lifestyle offers choices and benefits for your greater health and well-being.

Chiropractic care is safe for children and, parents from a research study executed by the “ICPA - *Advancing the Family Wellness Lifestyle*”, reported three unexpected improvements with their child's care:

1. Improved sleeping
2. Improved behavior and attitude
3. Improved immune system function

More and more parents are seeking chiropractic care for their children. Many spinal problems seen in adults began as early as birth.

Even so called “natural” birthing methods can stress an infant’s spine and developing nerve system. The resulting irritation to the nerve system caused by spinal and cranial misalignment can be the cause of many newborn health complaints. *Colic, breathing problems, nursing difficulties, sleep disturbances, allergic reactions and chronic infections can often be traced to nerve system stress.*

As the child begins to participate in regular childhood activities like skating or riding a bike, small yet significant spinal misalignments (subluxations) may occur. If neglected, the injuries during this period of rapid growth may lead to more serious problems later in life. Subtle trauma throughout childhood will affect the future development of the spine leading to impaired nervous system function. Any interference to the vital nerve system will adversely affect the body’s ability to function at its best.

How does it work?

The spinal cord is an extension of the brain, which carries information from the brain to the body parts and back to the brain again. Subluxations interfere with the nerves’ ability to transmit this vital information. The nerve system controls and coordinates the function of all the systems in the body: circulatory, respiratory, digestive, hormonal, eliminative and immune system. Any aspect of health may be impaired by nerve interference. The chiropractic adjustment restores nerve system function allowing the body the ability to express a greater state of health and well-being.

Book your next appointment with Dr. Adam Nachmias at Nachmias Chiropractic and ensure wellness for the whole family. Call any of our offices:

Brooklyn: 718-832-7300

Manhattan: 212-924-1700

Or book online: <http://calldradam.com/contact/book-online/>

Welcome to establish a foundation to a healthy future for your children!