

Why Dr. Adam Nachmias as Your Family Wellness Chiropractor?

ensure wellness
for your preschooler



Nachmias
Chiropractic

During the first six years of your child's life, their spine will undergo significant growth. The purpose of the spine is to house and protect your preschooler's nervous system. The brain, spinal cord and nerves are the master controller and regulator of all their body's systems: immune, sleep, digestion and elimination, and respiratory systems.

Many parents report that when they begin chiropractic care for their preschooler they see an improvement in the quality of life in their child including: fewer colds, ear infections, allergies and asthma issues, resolved bed-wetting and just an overall happier child.

During the preschool stage your child's spine should be growing straight and from the side should have healthy normal curves, which makes this the worst time for your preschooler to have typical falls and tumbles. With these minor traumas, spinal bones may lose their normal position or ability to move causing interference to your child's nervous system (vertebral subluxation).

While your child won't experience back pain, and a bandage and a hug may comfort them, interference to the nervous system may take months or even years to manifest symptoms.

Book your child's first appointment with Dr. Adam Nachmias at Nachmias Chiropractic and make sure he/she has the opportunity to achieve the best possible health physically, emotionally and spiritually. Dr. Adam will function as your educator and guide you and your family to make the right wellness lifestyle choices.

Book your appointment online or call any of our offices:

<http://calldradam.com/contact/book-online/>

Brooklyn: 718-832-7300

Manhattan: 212-924-1700

Welcome to ensure wellness for your whole family!