

Certified Personal Injury Chiropractor

Dr. Adam Nachmias - Expert in Whiplash & Sciatica Injuries from Auto Accidents



Nachmias
Chiropractic

Brooklyn, NY

09/29/16

Has an auto/car accident injury left you struggling with chronic pain? Back pain, neck pain, headaches and migraines are just a few of the serious pain problems caused by auto accidents. Even if you walk away with only a few bruises, you may still have sustained serious spinal injuries that may not begin to show symptoms until days or months after the accident.

The worst mistake you can make after getting into an auto accident is to assume that it will be fine or just cover up the symptoms with Tylenol or some other pain killer. These drugs will not fix the problem, and could allow injuries to get worse in the near future or cause you permanent damage later on from allowing the injury to "sit in" and get worse.

In order to understand why you should turn to Dr. Adam Nachmias after an auto accident injury and why he is so successful in treating these types of injuries, it is important to understand exactly what happens to the spine during an auto accident. The force of a rear impact accident, even at slow speeds, can "whip" the cervical spine backwards and forwards. When this force acts on the spine, it can knock it out of alignment. If a slipped or herniated disc compresses nearby nerves, accident victims will experience a radiating or numbing pain sensation in the body. As long as this disc continues to place pressure on the nerves, patients will continue to experience pain.

Not all chiropractors are certified personal injury chiropractors, but Dr. Adam is one of them and is expert in treating whiplash and sciatica injuries from auto accidents. A personal injury certified chiropractor is essential to diagnose injuries to the soft tissues and joints. The examination procedure will include x-ray analysis, orthopedic evaluation, neurological testing and hands on feeling of the joints and muscles. Afterwards, Dr. Adam can form a good treatment plan to first of all relieve the patient from pain, get them active and fully functional again, and most important resolve the injuries so that there are not long-lasting effects.

About Us

Nachmias Chiropractic has served the community since 1990. Dr. Adam Nachmias provides quality, chiropractic care in a friendly, relaxed environment. Active in two locations; Manhattan and Brooklyn. The Brooklyn office is now relocating to the Bay Ridge area. Nachmias Chiropractic invites you to visit their new office and to learn more about how chiropractic care and massage therapy can change your life.

"Come and celebrate the grand opening of our new location in Bay Ridge, Brooklyn with us, on October 8, 2016. We look forward meeting you!"

Sincerely, Dr. Adam Nachmias - Nachmias Chiropractic

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