

No More Frustrating Allergy Symptoms!



Nowadays, almost each and every person suffers from seasonal hay fever, which causes the body to become hypersensitive to pollen and other environmental substances. This condition causes a number of irritating symptoms that can make your life miserable. However, with the help of chiropractic care you can say good bye to allergy symptoms!

The number of people with allergies is increasing rapidly. Seasonal or not, all allergies are the result of an exaggerated response by the immune system to substances that are recognized as foreign. In allergic persons, the immune system produces a specific antibody known as immunoglobulin E in response to pollen, pet dander, foods, dust, and other matters, which in turn produces the symptoms of allergic reactions.

How Can Dr. Adam Nachmias – Nachmias Chiropractic Help?

The strength of both the immune and respiratory systems depends largely on proper communication between the brain and spinal cord. For all internal organs to function properly this communication is essential.

When there are interruptions in the communication between the brain and spinal cord, such as misalignments of the spine, the immunity may be compromised, and the body can't fight allergy symptoms. This upper cervical joint irritation can exaggerate or even produce allergic and asthmatic symptoms. Through chiropractic adjustments of the joints and soft tissue, Dr. Adam Nachmias can help restore alignment and re-open the necessary pathways of communication between the brain and spine.

In addition to promoting a stronger immune system, chiropractic adjustments may also help regulate the rush of histamine and amount of cortisol produced during high allergy seasons. The majority of allergies release inflammatory producing substances, such as histamine. Adequate production of cortisol, an anti-inflammatory hormone produced by the adrenal gland, is necessary to combat this. Studies have shown that allergy sufferers have weak adrenal gland function, and **since the adrenal gland is fed directly by the T9 spinal level nerve root, spinal misalignments can greatly impact allergic reactions** (Parts taken from: southeastchiro.com & upchiro.com).

Dr. Adam Nachmias has been successful relieving allergy symptoms for more than 25 years. With only one look at your spine he can identify any underlying neck or back misalignments, which may be compromising the immune system and result in dreadful allergy reactions. With a well functioning nervous system the allergy symptoms will be drastically reduced.

If you are still not convinced....[have a look at Dr. Adam Nachmias's outstanding reviews](http://calldradam.com/chiropractic/patient-reviews/) from his patients on ZocDoc, Yelp & Facebook, and you will understand why patients are so grateful they chose him as their chiropractor!

<http://calldradam.com/chiropractic/patient-reviews/>

Stop the suffering now! Book your chiropractic exam and consult by calling any of our offices:

Brooklyn: 718-832-7300

Manhattan: 212-924-1700

Or book online here: <http://calldradam.com/contact/book-online/>

Allergy relief is here at Nachmias Chiropractic!