

Get Allergy Relief!



Millions of people suffer from seasonal hay fever, which causes the body to become hypersensitive to pollen and other environmental substances. This condition causes a number of irritating symptoms that can make life miserable.

The number of people with allergies is increasing rapidly. Seasonal or not, all allergies are the result of an exaggerated response by the immune system to substances that are recognized as foreign.

In people with allergies, the immune system produces a specific antibody known as immunoglobulin E in response to pollen, pet dander, foods, dust, and other matters, which in turn produces the symptoms of allergic reactions.

At this time, the number of people affected by allergy symptoms is between 10-30% of the total population, and this number is increasing rapidly. For Americans, who suffer from nasal and seasonal allergies, the costs quickly add up. It is currently estimated that between doctor visits, prescriptions, and time missed from work, these allergies cost in excess of 3 billion each year.

However, With the Help of Chiropractic Care You Can Say Good Bye to Allergy Symptoms and Expensive Doctor Visits!

How Can We Claim So You May Think?

The reason behind our somewhat bold statement is the fact that the strength of both immune system and respiratory systems depends largely on proper communication between the brain and spinal cord. This communication is essential for all internal organs to function properly.

When there are interruptions in the communication between the brain and spinal cord, such as misalignments of the spine, the immunity may be compromised, and the body cannot fight allergy symptoms. This upper cervical joint irritation can exaggerate, or even produce allergic and asthmatic symptoms.

When manually adjusting the joints and soft tissue, it helps restore alignment, and re-opens the necessary pathways of communication between the brain and spine. In addition to promoting a stronger immune system, chiropractic adjustments may also help regulate the rush of histamine and amount of cortisol produced during high allergy seasons.

The majority of allergies involve release of inflammatory producing substances such as histamine. Adequate production of cortisol (an anti-inflammatory hormone produced by the adrenal gland) is necessary to combat this. Evidence has shown that many allergy sufferers have weak adrenal gland function.

What needs to be understood is that the adrenal gland is fed directly by the T9 spinal level nerve root, meaning once again that spinal misalignments can greatly impact allergic reactions (source: southeastchiro.com & upchiro.com).

Who is Dr. Adam Nachmias and How Can He Help?

Dr. Adam has been successful treating allergy symptoms and all kinds of pain conditions for over 26 years. He is the founder and owner of Nachmias Chiropractic and its two chiropractic practices in Bayridge and Manhattan, New York.

Dr. Adam got nominated 2016's Best Chiropractor in New York for the 2nd year in a row by opencare.com and expertise.com.

His existing patients cannot stop praising him. Find out what they are saying here:

<http://calldradam.com/chiropractic/patient-reviews/>

Dr. Adam Nachmias can help identify any underlying neck and back misalignments, which may be compromising your immune system. He can also help you determine the best practices and eating habits to help keep allergic reactions away.

Stop the allergy suffering today!

Book your chiropractic exam and consult by calling any of our offices:

Brooklyn: 718-238-8900

Manhattan: 212-924-1700

Or book online here: <http://calldradam.com/contact/book-online/>

Allergy Relief Is Here With the Help of Nachmias Chiropractic!