

Improvement in Parkinson's Disease Symptoms Following Upper Cervical Chiropractic Adjustment



Parkinson's disease (PD) is a neurodegenerative brain disorder that progresses slowly in most people. Most people's symptoms take years to develop, and they live for years with the disease.

In short, a person's brain slowly stops producing a neurotransmitter called dopamine. With less and less dopamine, a person has less and less ability to regulate their movements, body and emotions.

Parkinson's disease itself is not fatal. However, complications from the disease are serious; the Centers for Disease Control and Prevention (CDC) rated complications from PD as the 14th top cause of death in the United States.

How Can Chiropractic Care Help Parkinson's?

The study below shows proof of a decrease in symptoms of Parkinson's disease after being treated with chiropractic care. Find out more by reading the study:

Abstract of Study

Objective:

The objective of this case study is to report on the positive health outcomes of a 76-year-old male patient with a diagnosis of Parkinson's disease undergoing chiropractic care for correction of vertebral subluxations and postural distortions.

Clinical Features:

A 76-year-old male presented with a primary complaint of Parkinson's disease, with symptoms of right-sided tremors, memory loss, balance issues, constant leg pain, occasional poor circulation, and decreased muscular strength. The patient was formally diagnosed with Parkinson's disease by his neurologist.

Intervention and Outcomes:

A Quantum Spinal Mechanics 3 (QSM3) Method utilizes upper cervical radiographs, a supine leg check, digital posture measuring device and grid. The algorithm was applied in the correction of upper cervical vertebral subluxations and postural distortions. Positive outcomes included a more balanced atlas (C1) vertebrae in orthogonal positioning and an improvement in postural distortions over a course of six months. The patient's signs and symptoms of Parkinson's disease decreased.

Conclusion:

This case presents evidence of a link between vertebral subluxations, postural distortions and the expression of Parkinson's disease and advocates that more research needs to be conducted for healthcare providers to best serve patients with neurodegenerative disorders (source: uppercervicalsubluxation.sharepoint & parkinson.org).

If you or a loved one suffers from Parkinson's disease, you should definitely give chiropractic a try. There is nothing to lose, only a better health to gain.

Visit Dr. Adam Nachmias at Nachmias Chiropractic and experience the benefits of chiropractic care in a friendly and relaxed environment.

Patients love him and cannot thank him enough for helping them get pain-free and healthy! Find out what they are saying about Dr. Adam Nachmias here:

<http://calldradam.com/chiropractic/patient-reviews/>

Nachmias Chiropractic is located in Bayridge, Brooklyn or Chelsea, Manhattan New York. To book an appointment with Dr. Adam Nachmias, call any of our offices:

Brooklyn: 718-238-8900

Manhattan: 212-924-1700

Or book online: <http://calldradam.com/contact/book-online/>

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