

## Improved Health Outcomes In An Asthmatic Child Following Chiropractic Care



*Chiropractic is a healing art dedicated to keeping the nerve passages in the body open and unobstructed. This will help the entire body, including the lungs, bronchi and other structures of the respiratory system, heal and function at its best.*

In this issue we will present a case study describing how a 6-year-old got healed from his asthma with the help of chiropractic adjustments, but first, let us explain the basics of asthma.

### **What Happens During An Asthmatic Attack?**

During an asthmatic attack the bronchioles become swollen, go into spasm and fill with mucus. Asthmatics struggle for every breath, literally gasping and wheezing for life during an attack.

In some, the gasping, wheezing and struggling go on continuously and long-time sufferers may develop a barrel chest. Attacks may be triggered by allergic reactions, emotional stress, physical exertion, or other irritants like cigarette smoke. In the most dangerous form of asthma, status asthmaticus, the attacks last for days and can result in death.

### **The Chiropractic Approach To Asthma**

For over hundred years sufferers of all types of respiratory conditions have sung the praises of chiropractic care. Typical among case histories is that of an 8-year-old diagnosed with asthma at age 5, who was using Beclovent and Albyterol one to three times a day. After eight chiropractic adjustments over a period of two weeks, the child had stopped inhaler use, could run without gasping, and was free of asthmatic attacks without medication.

The study below presents another positive outcome of treating asthma with chiropractic care:

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## **Abstract Of Study**

### **Objective**

To describe the chiropractic care of a 6-year-old child medically diagnosed with asthma.

### **Clinical Features**

A 6-year-old male presented for care with complaints associated with asthma that caused nightly attacks. The patient had a four year history of asthma that had been medically managed with: Flovent 110 twice a day, with Flovent 220 and Albuterol on as needed basis, Orapred twice a year, and Flonase at night as needed.

Chiropractic analysis revealed subluxations in the cervical, thoracic, lumbar and sacroiliac joint region.

### **Intervention And Outcomes**

The patient was cared for utilizing chiropractic adjustments. The patient was cared for three times per week and re-examined every 30 days. On re-evaluation, the patient's mother reported her child as utilizing his asthma medications only once since beginning care and improved sleep.

### **Conclusions**

This case report illustrates the reduction of asthma symptoms and medication use in a pediatric patient under chiropractic care. It is recommended that the link between subluxation and visceral dysfunction, such as asthma be investigated further (source: chiropracticpediatrics.sharepoint.com).

## **Dr. Adam Nachmias – Nachmias Chiropractic**

We warmly welcome you to come and treat your child's asthma, or your own asthma symptoms, at Nachmias Chiropractic. Dr. Adam Nachmias has successfully treated asthma patients for 28 years.

If still in doubt, you can find reviews from Dr. Adam's patients here:

<http://calldradam.com/chiropractic/patient-reviews/> Nachmias Chiropractic has offices in both Bayridge, Brooklyn and West Village/Chelsea, Manhattan.

To book an appointment with Dr. Adam Nachmias, call any of our offices:

Brooklyn: 718-238-8900

Manhattan: 212-924-1700

Or book online: <http://calldradam.com/contact/book-online/>

***Get Asthma Relief At Nachmias Chiropractic!***