

Resolution Of Anxiety, Depression, Insomnia, Scoliosis And Cluster Headaches, In A Patient With Opioid Addiction Undergoing Chiropractic Care to Reduce Subluxations



The case study below describes some of many positive outcomes of chiropractic care. What chiropractic is all about is to remove blockages of the spine (which the study refers to as subluxations) and thereby help the nervous system flow freely in the body.

This in turn contributes to a strong self healing immune system that will keep ill health – mental or physical – away and also help fight against already existing immune system attacks (illnesses). Our health depends on the nervous system, so we have to ensure its optimal function, and that is exactly what chiropractic care does.

In this case study, the 21-year-old male patient, gets relief from both physical pain and mental ill health. Chiropractic even helped him overcoming his drug addiction. Find out more details from the study.

Abstract Of Case Study

Objective

To report the results of subluxation-based chiropractic care in a patient complaining of anxiety, depression, insomnia, and cluster headaches while undergoing treatment and recovery from substance abuse. The results are based on this case study and also review of literature.

Clinical Features

A 21-year-old male patient presented into a chiropractic office complaining of anxiety, depression, insomnia, and cluster headaches. Patient stated he was also undergoing substance abuse treatment. X-ray radiographs revealed a 21-degree thoracic

dextroscoliosis, along with cervical hypolordosis, thoracic hypokyphosis, and lumbar hyperlordosis.

Intervention And Outcome

Initial postural and radiographic examinations were performed. After being put on an appropriate care plan, the patient was assessed and adjusted when necessary for subluxation using traditional chiropractic adjustments.

Patient was also prescribed cervical traction and therapeutic exercises. Upon completion of the care plan, the patient had a 10-degree reduction in the thoracic dextroscoliosis measurement and obtained restoration of normal cervical, thoracic, and lumbar curvature. Patient decreased and eventually stopped all medication usage and has not experienced a relapse in 4.5 years.

Conclusion

Subluxation-based chiropractic care played a role in the resolution of the patient's complaints. The patient was able to stop all medications and live a productive life symptom free.

These are fantastic results! We hope this study has opened up your eyes to chiropractic care and what it can do for you. New York's best chiropractor, Dr. Adam Nachmias – Nachmias Chiropractic (nominated by Opencase and Experdise), is only a call away and would gladly offer you a chiropractic exam and consultation.

Dr. Adam Nachmias has 28 years experience of treating all kinds of pain conditions and health symptoms. Why don't you take a look what his patients are saying about him: <http://calldradam.com/chiropractic/patient-reviews/>

There is still time to take advantage of our "Back To School" campaign and get discounts on chiropractic and massage (valid until November 2, 2017). Claim your discount here: <http://calldradam.com/chiropractic-deals/>

To book an appointment with Dr. Adam Nachmias, call any of our offices:
Brooklyn: 718-238-8900
Manhattan: 212-924-1700

Or book online: <http://calldradam.com/contact/book-online/>

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